

PROGRESS EDITION LAKE ORION REVIEW 2007

Schenden's Spas makes wellness routines, anti-aging skin care and advanced medical treatments accessible, affordable and convenient for southeast Michigan residents. "Schenden's Spas has three Oakland County locations where clients can escape from everyday stresses and focus on their well-being," says Leslie Bean, Spa Director. Gift certificates to the spas are in such high demand, Schenden's Spas has made them instantly available at www.SchendenSpas.com.

Michael J. Schenden, MD is the chief of plastic surgery at William Beaumont Hospital in Troy and Schenden's Spas medical director. Each spa is an oasis of relaxation where clients benefit from the latest technological advances in skin care including laser hair removal, microdermabrasion and facial peels.

Consistently recognized as one of the premier day spas in Michigan, Schenden's Spas offers more than forty extraordinary spa services and treatments to choose from. Highly personalized programs are tailored to fit a customized regimen designed by Schenden's Spas staff of certified professionals. Professional massage therapists customize massages based on individual needs for pain relief, relaxation, stress relief or a combination of all three. Clients who make regular massage part of their wellness routine enjoy reduced stress and improved work performance.

"In today's society, we tend to be too busy and sometimes forget to take care of ourselves," says Bean. "Good health is more than the absence of disease, spa treatments are no longer once or twice a year indulgences. Our services promote good health and slow down the effects of aging."

Clients can visit Schenden's Spa on the Lake, a Victorian home on M-24 near downtown Lake Orion; Schenden's Spa at the Athletic Club, located inside the Great Lakes Athletic Club on Baldwin Road, open to both athletic club members and non-members with a separate entrance at the rear of the building or Schenden's Spa in Troy, located in the Columbia Center Building on Big Beaver Road just east of I-75.

"We strive to offer the best for our clients," says Bean. "We research the products and services available and offer only the best." Schenden's Spas clients especially like the results they see with the Biomedic skin care product line. Biomedic is available only through spas under medical direction and feature skin care products with very active, powerful ingredients, such as retinols, which help to improve the appearance of fine lines and wrinkles.

All spa locations are available to host private custom parties and corporate events. Schenden's Spas massage therapists will even travel to office sites with chair massages to increase work productivity for individual companies.

Spa hours are 9am-8pm Monday-Saturday. Schenden's Spa at Great Lakes Athletic Club is also open 11am – 4pm on Sunday. See advertisement for contact information for each spa and visit www.SchendenSpas.com for seasonal specials and instant gift certificates.